

HITS (HURT, INSULT, THREATEN, SCREAM) SCREENING TOOL FOR DOMESTIC VIOLENCE

Please select the answer that best indicates the frequency with which your partner acts in the way depicted.

Please speak to your health care provider if need help, regardless of the score.

How often does your partner?

1. Physically hurt you?

Never	(1)
Rarely	(2)
Sometimes	(3)
Fairly often	(4)
Frequently	(5)

3. Threaten you with harm?

Never	(1)
Rarely	(2)
Sometimes	(3)
Fairly often	(4)
Frequently	(5)

2. Insult or talk down to you?

Never	(1)
Rarely	(2)
Sometimes	(3)
Fairly often	(4)
Frequently	(5)

4. Scream or curse at you?

Never	(1)
Rarely	(2)
Sometimes	(3)
Fairly often	(4)
Frequently	(5)

A score of greater than 10 is considered positive.

FINAL SCORE:



Sherin KM, Sinacore JM, Li XQ, Zitter RE, Shakil A. HITS: a short domestic violence screening tool for use in a family practice setting. Fam Med. 1998 Jul-Aug;30(7):508-12.

WHAT NEXT?

HANDLING POSITIVE SCREENS

IF Hurt, Insult, Threaten, Scream

[HITS] is POSITIVE:

Immediate Danger:

- **Virginia IPV hotline**

Call: 1 (800) 838 8238

Text: (804) 793-9999 to connect with an advocate

Crisis Support:

- Advocates can assist with emergency housing, transportation, or shelter options.

Non-Crisis Support:

- Patients are offered safety planning and referrals to local support services.

National Domestic Violence Hotline

Call: 1-800-799-SAFE

Text: “START” to 88788